



**WITS**  
WORKOUT



# AMERICA'S PASTIME

MONDAY, NOVEMBER 4

12:30 P.M. - 1:45 P.M.

GARDNER SENIOR CENTER, 128 E. PARK ST.

55+ YEARS OLD

\$5/PARTICIPANT

WWW.GARDNERPARKS.COM

**Register by  
November 3**

Engage in 'pen and paper' challenges designed to maintain and enhance cognitive function and memory.

Activities in this session are based loosely on sports (primarily baseball) or the use of the word "ball." However, the activities are specifically designed to NOT require intimate knowledge of any sport. The training component covers exercise as a brain health contributor.



## Gardner Parks & Recreation Registration Form

Participant's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

*LIABILITY RELEASE: I, as a participant or legal guardian representing a minor participant agree to release the City of Gardner, its officers, employees and volunteers, from any and all liability for accidents, injuries, loss of and/or damage to my/our person or property that may arise out of my/our participation in/and our presence at the above activity. I/we understand the risks and possible dangers of participating in this activity. Also, I/we authorize the Parks and Recreation Department to use at its discretion any video or photograph(s) (black/white or color) taken of the participant while participating in the program and waive any and all claims that the participant or the undersigned or their heirs, executors, administrators, or assigns may have or claim to have resulting from such videos or photograph(s) or reproductions thereof. I have entered into this agreement of my own free will.*



Return to:  
Gardner Parks & Recreation  
120 E. Main St.,  
Gardner, KS 66030  
913.856.0936  
gardnerparks.com

I have read and understand the liability release and refund policy.  
Registration is invalid without signature.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_